

Developmental Milestones

Child's name: _____ Age: _____ Date: _____

Please indicate the MOST complex skill that your child can perform in each section. Each section's tasks are arranged in order of increasing developmental age.

Gross Motor Skills

- Able to hold head up from table momentarily
- Head and shoulder can be supported by the forearms
- Infant can be pulled into a sitting position by the hands
- Sits unsupported in the upright position
- Head and shoulders can be supported by the arms
- Rolls from prone to supine position
- Crawls
- Stands holding onto furniture
- Walks with someone holding onto one hand
- Walks unassisted
- Runs
- Negotiates stairs placing 2 feet on each step
- Climbs stairs using one foot on each step
- Walks down stairs with one foot on each step
- Hops on one foot

Social Skills

- Smiles
- Reaches for familiar objects
- Plays with hands
- Plays with feet
- Clearly shows joy and pleasure
- Feeds self with fingers
- Plays peek-a-boo
- Understands yes and no

Fine Motor Skills

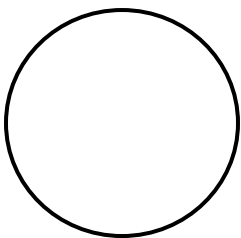
- Primitive grasp reflex present
- Holds and shakes a rattle placed in the hand
- Grasps objects independently
- Moves an object from one hand to the other
- Self-feeding; can hold and eat a cookie
- Checks objects by placing them in the mouth
- Picks up object with thumb and index finger
- Turns 2 to 3 pages of a book at a time
- Turns pages of a book one at a time
- Builds a tower containing at least 5 blocks
- Builds a tower containing at least 10 blocks

Communication Skills

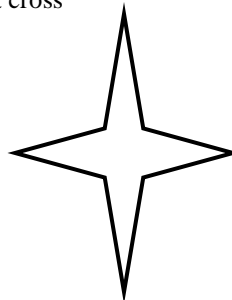
- Makes cooing sounds
- Laughs
- Uses one syllable words such as "da"
- Uses two syllable words such as "mama"
- Uses two to three word vocabulary
- Uses two to three word phrases

Adaptive Skills

- Feeds from a cup unassisted
- Holds own bottle
- Feeds self with utensils
- Able to identify and match some colors
- Copies a circle
- Copies a cross



Have your child copy the circle on the line: _____



Have your child copy the cross on the line: _____

